

# **ARMY COLLEGE OF NURSING, JALANDHAR CANTT**

## **WORLD HYPERTENSION DAY**

**Date:** - 20-05-2024 & 22-05-2024

**Time:** - 06:30AM - 09:30AM

**Venue:** - Thimayya Park & Jawahar Nehru Park at Jalandhar Cantt

**Participants:** - Community members of Jalandhar Cantt

To mark the World Hypertension Day, first-semester students of the Army College of Nursing under the organization Youth Red Cross Society organized two medical camps aimed at raising awareness about hypertension and providing free health check-ups. The camps were held at Thimayya Park and Jawahar Nehru Park in Jalandhar Cantt on May 20<sup>th</sup> and May 22<sup>nd</sup>, respectively. The primary goal of these camps was to educate the public on the importance of monitoring blood pressure and maintaining a healthy lifestyle to prevent hypertension. The events also aimed to provide free blood pressure screenings.



Principal  
Army College of Nursing  
Jalandhar Cantt